



Grŵp Iechyd a Lles Health and Wellbeing Group

14/02/2019

10.00 – 12.00 noon

Venue - CAVS

1. Croeso, Coffi a Chyflwyniadau / Welcome and Introductions

In attendance:

Lynsey Cross	Swansea Uni Data Science Dept
Sue Smith	Community Resource Team CCC
Jackie Dorrian	CAVS Development Support Officer
Clare Pilborough	CAVS Engagement Officer
Peter Loughran	CAVS, Age Cymru Sir Gar, 50+ Forum
Ceri Fitzsimmons	British Red Cross CUSP support worker
Claire Stupple	British Red Cross CUSP support worker
Gini Hopkins	Communities 4 Work +
Mark Warren	Care and Repair
Nancy Hardy	Tir Coed
Felicity Crump	Links

2. Ymddiheuriadau / Apologies

Ben North	Men's Sheds
Sarah Lowther	British Liver Trust
Helen Hunt	British Red Cross
Lisa Davies	British Red Cross
Caroline Evans	Old Mill Foundation
Liz Griffin	Ty Cymorth

3. Cofnodion y cyfarfod blaenorol / Minutes of previous meeting

- The Minutes were agreed as an accurate record.

4. Materion yn codi / Matters Arising

- Lynsey agreed to repeat her presentation at the next meeting as many people missed it.
- Cathy Boyle has now left Community Connectors, British Red Cross.

5. Cyflwyniad gan / Presentation by – Ben North Men's Sheds

- Ben had sent his apologies. Jackie shared information regarding the Men's Sheds project. Ben will be asked if he is available to present at the next meeting.

6. Newyddion o CAVS & Ganolfan Gwirfoddoli / CAVS & Volunteer Centre news

- Jackie Dorrian -
 - CAVS provides 3rd sector updates through Llais Myrddin newsletter and weekly e-bulletin (sign up is possible via CAVS website)
 - **Volunteering Wales** volunteering-wales.net is the new website to log or search for volunteer opportunities. Any opportunity providers having issues with using the website should report the problems to CAVS Volunteering Officers in case we can help, they can also contact the website directly.
 - **Funding Wales** <http://funding.cymru/> is the new funding search website.
 - **Infoengine and Dewis**
Infoengine <http://infoengine.cymru> is the directory of 3rd sector services and is supported by TSSW which CAVS is part of.
Dewis www.dewis.wales lists Health and Well-being organisations from all sectors. There was a discussion about whether organisations should register with Dewis or infoengine. From a user's perspective it should not matter where a service has been registered as the websites are now linked.
From CAVS' point of view it is logical that any as yet unregistered 3rd sector organisations should register their services through the infoengine website.
Mark Warren from Care and Repair mentioned that it stipulated in their funding contract with the Local Authority that they register with the Dewis website.
 - **Carmarthenshire Third Sector Forum** The next forum will be held on 04/04/19 at CAVS
 - **CUSP**
Jackie gave an update on the current state of play with CUSP (Carmarthenshire United Support Project). This information will be available on the CAVS website.
Home from Hospital and Home not Hospital service.
New CUSP partnership includes the following organisations:
 - Age Cymru Sir Gar
 - Care and Repair Carmarthenshire
 - Sense Cymru
 - People SpeakUp
 - Carers Trust, Crossroads Sir Gar
 - Menter Cwm Gwendraeth Elli
 - Tir Coed

CAVS, lead on Strategic development and the partnership
British Red Cross, lead on delivery

The structure for CUSP has also changed. Meetings will be set up for the following:

- Stakeholder Group
- Strategic Group
- Operational Group

Felicity mentioned she was sorry but was not able to submit an application to become a partner as she missed the deadline for application.

7. Diweddariad ar Grwpiau Cyflenwi PSB / Update on PSB Delivery Groups

- Clare Pilborough -
 - The PSB delivery groups working to deliver the Carmarthenshire Well-being Plan have now all had meetings.
 - CAVS intends to have network meetings corresponding to the 4 delivery groups:
 - (Prevention and) Early intervention (Health and Well-being Network)
 - Strong Connections (CVON)
 - Healthy Habits - Environmental Risk Assessment (New network)

- Prosperous People and Places (New network)
- CAVS aims to start recruiting 3rd Sector representatives to attend the delivery groups as soon as appropriate.

8. Siaradwr / Slot trafod ar gyfer y cyfarfod nesaf / *Speaker / Discussion Slot for next meeting*

- Lynsey Cross Swansea Uni Data Science Dept
- Ben North Men's Sheds Cymru

9. Unrhyw Fater Arall / *Any Other Business*

- Nancy Hardy - Tir Coed has a development year in Carmarthenshire with the eventual aim of offering woodland based activities here to increase people's well-being as it does other counties.
- Mark Warren – Care and Repair are running a pilot project Hospital to Home Service from Prince Phillip hospital which is working well.
- Peter Loughran mentioned the 3Bs project (Bumps, Babies and Buggies) from Walking Well Carmarthenshire aimed at encouraging anyone with a young child or baby (even if they haven't been born yet!) to enjoy a walk.
- Gini Hopkins explained her role as Community Empowerment officer at C4W+ (Communities for Work Plus) The work is client focussed - supporting people with what it best for them e.g. training, volunteering, finding work etc.
- Felicity Crump - Links events in Llanelli: AGM Thursday 21st February 2019 and Veteran Awareness Day 7th March 2019
- Sue Smith – Dementia Friendly Communities work is going well. Street Buddies (Community volunteers) project from Llanelli Rural Council has regular network meetings 2nd Wednesday of the month. Next meeting is 13th March. Carmarthenshire Therapy Dogs are now registered as a Charity.
- CUSP was discussed in more detail as above (British Red Cross representatives had left the meeting by this point)

10. Dyddiad cyfarfodydd nesaf / *Date and time of next meetings*

Thursday 16th May 10am CAVS