



Grŵp Iechyd a Lles Health and Wellbeing Group

23/07/2019

10.00 – 12.00 noon

Venue - CAVS

1. Croeso a Chyflwyniadau / Welcome and Introductions

In attendance:

Helen Hunt	British Red Cross
Lisa Davies	British Red Cross
Sue Smith	Community Resource Team CCC
Nancy Hardy	Tir Coed
Jackie Dorrian	CAVS Development Support Officer
Clare Pilborough	CAVS Engagement Officer
Jourdan Perry	Links
Wendy Henderson	Communities for Work Plus

2. Ymddiheuriadau / Apologies

Sarah Lowther	British Liver Trust
Marcia Vale	Alzheimers Society

3. Cofnodion y cyfarfod blaenorol / Minutes of previous meeting

- There was a slight amendment to the Minutes which were otherwise agreed as an accurate record.

4. Materion yn codi / Matters Arising

- There were no matters arising.

5. Newyddion o CAVS & Ganolfan Gwirfoddoli / CAVS & Volunteer Centre news

- 'A Healthier West Wales' (led by West Wales Partnership Board through the Welsh Government's Transformation Fund) - The following programmes within the proposal have been approved and rely on 3rd sector involvement:
 - Programme 1 Proactive Technology Enabled Care
 - Programme 7 Creating Connections for All
- Who is the 3rd Sector in Carmarthenshire? A discussion about how to know what is out there— e.g. to avoid duplicating services or to connect with like-minded groups. There should be a digital solution to this - e.g. if more 3rd sector organisations registered with Infoengine\Dewis a search on that platform would provide a way to allow organisations to see what else is going on.
- CUSP has now recruited 11 volunteers

- CAVS Volunteer Recognition Awards – nominations are wanted, the current deadline for these is Friday 16th August. The awards will be presented at an event in October.
- Amman Valley Volunteer Event - (promoting 3rd sector services and volunteering) has been rescheduled for Friday 16th and 17th of August - contact robvenus@cwmmamantc.org
- 50+ Forum event is 12th September 2019 – a high footfall event

6. **Cyflwyniad gan / Presentation by – Richard C Reynolds and Claire Sinnet**

- **Cross Hands Health and Wellbeing Centre**
 - Claire Sinnet (Hywel Dda University Health Board) gave an update how this is progressing including details of how the internal space has been designed and what may be available for 3rd Sector organisations to use.
 - Jackie Dorrian highlighted the fact that it is difficult for the 3rd sector to give a specific timetable of projected usage of the space although we can give examples of how it will be used and what facilities will be required.
 - CUSP are keen to have a presence in the centre.
 - Sue Smith recommended that Social Prescribers be included in the specifications.
- **Llanelli Wellness and Life Sciences Village** - Richard Reynolds (Carmarthenshire County Council) shared information about this development including details of the layout and facilities planned at different stages in the timeline of the project.
- **A 3rd Sector workshop** - to allow input into both of these developments is planned for October 2019 - date to be confirmed.

7. **Diweddariad ar Grwpiau Cyflenwi PSB / Update on PSB Delivery Groups**

- Clare Pilborough - Carmarthenshire Public Services Board (PSB) have published their First Annual Report for the Well-being Plan 2018-2023 which is available on their website and outlines the progress made by the delivery groups so far as part of the Well-being plan: <http://www.thecarmarthenshirewewant.wales/media/8423/psb-annual-report-2019.pdf>
- Jackie Dorrian – the Early Intervention Delivery Group Report document will be shared again with the group.

8. **Siaradwr / Slot trafod ar gyfer y cyfarfod nesaf / Speaker / Discussion Slot for next meeting**

- Jackie Dorrian will contact Men's Sheds to see if they are available.

9. **Unrhyw Fater Arall / Any Other Business**

- Jourdan Perry - Links:
 - Combined forces Project Coordinator Vacancy email recruitment@links.uk.net
 - Veterans Awareness Day at The Dairies Club Carmarthen 28/08/19 contact Links if you would like to have a stall 01554 757957

10. **Dyddiad cyfarfodydd nesaf / Date and time of next meetings**

Tuesday 29th October 10 – 12pm CAVS